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Ottawa metro

Your essential daily news | THURSDAY, DECEMBER 8, 2016 | High -1°C/Low -8°C Mainly cloudy

JOHANNA SCHNELLER

Welcome to the wild, wild Westworld

metroLIFE

Deadly drug finds market on Ontario streets

PUBLIC HEALTH

Carfentanil, used to sedate large animals, linked to ODs

Andrew Fifield
Metro | Toronto

The deadly drug linked to dozens of overdoses and public health emergencies in Western Canada has been detected in Ontario street drugs for the first time.

The opioid carfentanil was confirmed to be in pills seized by Waterloo Regional Police in November. The round green pills — stamped with CDN and 80 — were designed to look like Oxycontin, according to a release from the Waterloo Region Integrated Drug Strategy.

Carfentanil is an odourless and tasteless synthetic drug designed to sedate large animals, such as elephants. Even when used by veterinarians, another chemical is often required to pull the animals from sedation.

A tiny 20-microgram dose of the drug — smaller than a poppy seed — is enough to kill an average person. It is considered to be at least 100 times as toxic as fentanyl, another deadly opioid that has become sadly familiar to Canada's front line emergency workers.

"The trend in opioid trafficking is as frightening as it was predictable," Dr. Hakique Virani of Edmonton's Metro City Medical Clinic told Metro in August. He said patients gripped by addiction are often desperate enough to try whatever drug they can find and many have turned to "fentanyl analogs that produce effects in infinitesimal quantities."

Carfentanil has been linked to at least 15 deaths in Alberta this year.

American officials are also struggling to contain the growing number of opioid overdoses, especially in Midwest states.

Megan Sprague, who has been playing pinball for two years, joined the women's group this spring.
ADAM KVETON/FOR METRO

THE NEW WIZARD

Meet the women behind Ottawa's pinball craze

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metro NEWS

Your essential daily news

Is this a plate of hot food, or a hot spring? Japan worried 'onsen' emoji will confuse tourists. **World**

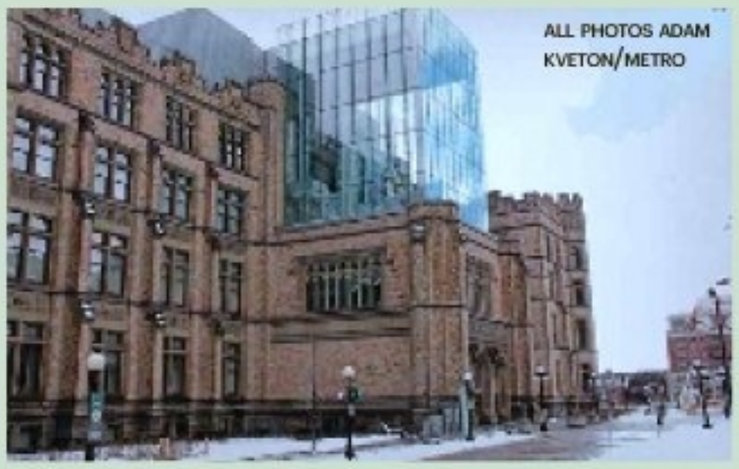
Heritage sites with modern twists

With the Chateau Laurier's owners saying there is growing acceptance of their expansion design plans for the national historic site, Metro is highlighting three successful previous expansions to Ottawa's heritage buildings. We break down the pros and cons with the help of David Jeanes, president of Heritage Ottawa.

ADAM KVETON METRO

Canadian Museum of Nature

The national historic site was built in 1910. Renovations/expansion of the building began in 2004.



ALL PHOTOS ADAM KVETON/METRO

Positives

- Glass tower occupies same height as historic tower, and is now widely accepted.
- Modern additions to rear of building do not detract from stonework.
- Stonework shell of building maintained.
- Many changes made to accommodate Museum of Nature's needs.

Negatives

- Historic tower above main entrance removed.
- New tower meant to make architectural statement rather than blend in, and was controversial.
- Historic theatre completely removed.
- Interior gutted.

Lord Elgin Hotel

Constructed in the 1940s, an expansion was completed in 2004. It was built by the same architecture firm as Chateau Laurier, and made a similar expansion, said Jeanes.

Positives

- Additions designed to blend in with hotel's original style, and only change in colour of stone shows new portions.
- Additions provide modern amenities and larger windows, but don't attempt to make architectural statement.

Negatives

- Original covered entrance to hotel replaced.

Christ Church Cathedral site

The first service was held in 1833, and is a designated heritage building. Additions/development began in 2012, and are expected to be finished in 2017.

Positives

- Community associations extensively consulted.
- Additions made to financially support church's work.
- Main buildings of historical importance preserved.
- Cathedral got new lobby, hall and other space due to additions.
- Green spaces preserved.

Negatives

- Modern tower and condos built immediately beside cathedral.
- A hall, which some felt had heritage value, was removed.
- Condo tower height increased from first plan.
- Underground parking for church remains to be completed.

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Falling into the payday loan trap

BORROWING

Activists want banks to offer services for those in need

Ryan Tumilty
Metro | Ottawa

Anti-poverty activists want the government to ensure Canada's big banks serve those most in need so that they aren't forced to turn to payday-loan companies.

Acorn Ottawa, working with the Canadian Centre for Policy Alternatives, surveyed 268 members of its organization on payday loans.

They found roughly 45 per cent had no credit card or overdraft protection, while an additional 19.5 per cent had a credit card, but it was maxed out.

Acorn member Cordelia Daniels said she had few options when she took out a payday loan.

"The issue was that I ran out of money and I had to find it from somewhere," she said.

She said previously she has borrowed from friends, but that wasn't an option.

"This particular [time] around there was nobody and I still needed to feed my two teenagers and myself."

She said while she paid the payday loan back quickly and didn't get caught in an interest rate trap, she could see how people would.

Gisèle Bouvier president of Vanier's Acorn chapter, where a Metro analysis found a concentration of payday loan operators, said the survey demonstrates payday loans are profiting off people with no other options.

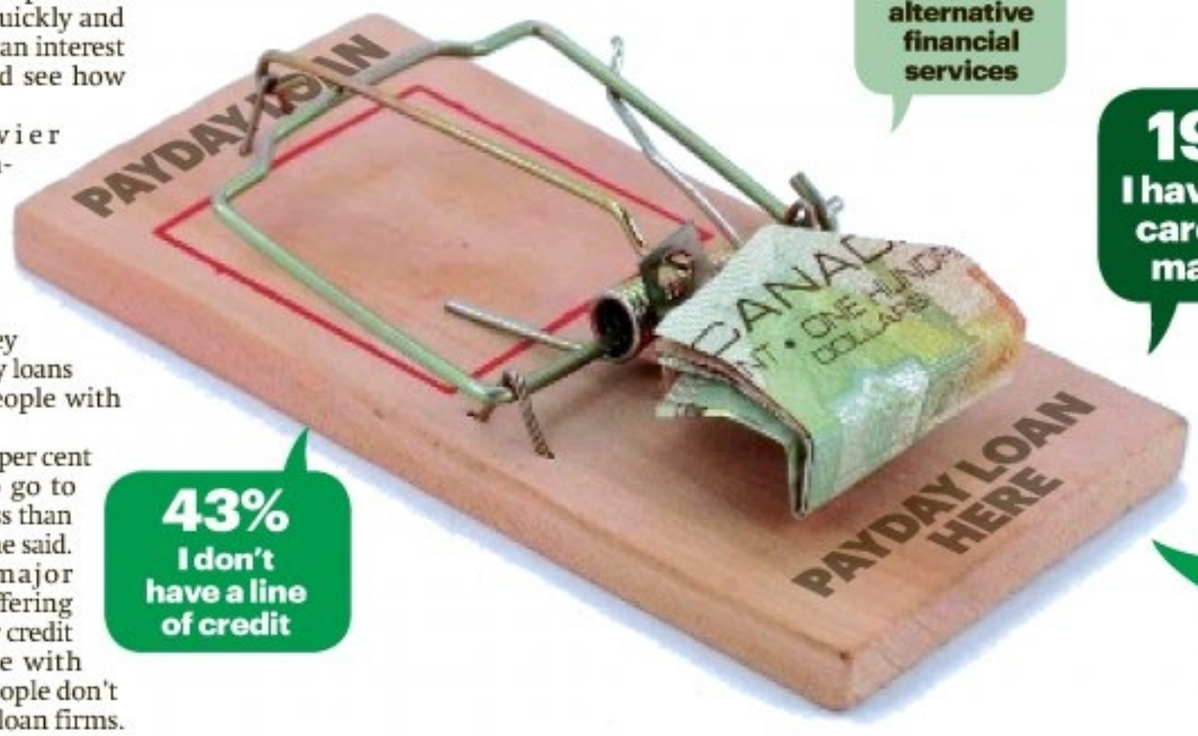
"It shows that 70 per cent of the people who go to these places earn less than $25,000 per year," she said.

Bouvier said major banks should be offering overdrafts and other credit services for people with limited means so people don't have to use payday-loan firms.

She said she suspects they are trying to avoid the extra work.

"I don't think they want people working hours doing hundreds of little loans."

She said Acorn would be pushing for changes when the government next reviewed banking regulations in 2019.



45.3% I don't have a credit card

4.7% I prefer using alternative financial services

45.3% I don't have overdraft protection

19.5% I have a credit card, but it's maxed out

17.2% I don't have a prepaid credit card

43% I don't have a line of credit

12.5% It was closer/ more convenient

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Let's clear the air

Starting December 1, 2016, water pipe smoking will be banned in all workplaces and public places.

The use of water pipes (also known as hookah or shisha) will be banned in enclosed workplaces, enclosed public places and outdoor restaurant and bar patios.

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Toronto's The Wooden Sky plays their Annual Holiday Show at the St. Albans Church this Monday. CONTRIBUTED

Band finds inner youth on record

BACKSTAGE PASS

'We just got back to the music that we love': Vocalist

Trevor Greenway
Metro | Ottawa

Gavin Gardiner can finally be a creative kid again.

After pushing a radio-friendly sound on their last record, The Wooden Sky has returned to the sound that got them to where they are today: a stripped down, honest, psychedelic ride down the sonic burrow.

It's where the band feels most comfortable — playing in the sand, getting dirty, the farthest point from being a responsible adult.

"We felt a lot of pressure to make this radio, Canadiana music, which is kind of what we did on the last record, or at least thought we were making," says Wooden Sky vocalist Gavin Gardiner from his home in Toronto. He's rearranging Aerosmith songs into lullabies for his young niece during our short chat.

"On this record, it felt like we were not so concerned with (radio play), and we just got back to the music that we love. It's not that I don't like the last record, but I just felt all the pressures of adulthood weighing in on me, and trying to respond to that to make a career and be successful, and this time, it feels more like we are trying to contribute to the music canon."

Canon? More like a Howitzer. The songs off the yet-to-be released fifth studio venture entitled Swimming in Strange Waters hits right in the gut, with raw emotion, personal predicaments and intricate emotions woven through perfectly pitched soundscapes that vibrate off your chest. But it has all seamed up tight within The Wooden Sky's dark folk sound, flanked on both sides by Gardiner's haunting, yet beautifully soothing vocals — a tongue can slowly put you to sleep on one tune, and wake you up to the world around you on the next.

You can hear how personal Gardiner gets on Born to Die when he croons through his dusty throat, "I guess we are out here on our own." It's been a conscious effort for Gardiner to just sit and process the moment, letting his feelings vibrate between the strings of his acoustic guitar. He just hopes he hasn't gotten too personal.

> **This time, it feels more like we are trying to contribute to the music canon.**
> Gavin Gardiner

"Lyrically, I feel like I have gone back to a very honest approach. Not that I was steering away from that, but there is something very personal about some of the lyrics," he says. "I hope they are not so specific that they will be too isolating for people."

A lot has happened to the Toronto five-piece in the past few years: new management and label, exhaustive touring and other personal aspects that have led to members Gardiner, Edwin Huizinga, Andrew Kekewich, Simon Walker and Andrew Wyatt simply growing up, or in the case of the new record, being kids again.

They've also raised an impressive $15,000 for charity over the past six years with their Annual Holiday Show and they'll do it again this Monday at the St. Albans Church. It's incredibly humbling to see a band, that isn't the biggest band in the world, that hasn't seen multimillion dollar contracts, or private jets or champagne rooms, still find the time to give back to the community. And, even as Gardiner says, "there are lots of people that do way more than us," it needs to be said that many people do a lot less.

And it's this Holiday Revue that has become the most-anticipated gig every year for the band. Not just because they are giving back, but because it's a fully, DIY show, where Gardiner and crew book the venue themselves, deliver tickets via bicycle to local record shops and ticket centres and set up the stage, the seating, the sound gear and every little detail in between that makes a show stay on the rails.

"It feels like a community event, as opposed to showing up at the bar and just playing, which is fun too," adds Gardiner.

"But it's also a reminder of how much f—ing work it is to put on a show."

Proceeds from Monday's show will go to Carty House, a communal first home for refugee women in Ottawa.

Music starts at 8 p.m.

It's an all ages show, so come and be kids with these fantastic gents.

The Ottawa Food Bank's first report with stats from the entire year is showing gaps in affordable housing and social assistance in the city, said executive director Michael Maidment.
EMMA JACKSON/METRO

Food bank usage data reveals gaps

SERVICES

First full-year report points to housing, social assistance issues

Adam Kveton
For Metro | Ottawa

There are 41,540 food bank users per month in Ottawa.

It's a predictable, but still astounding number, said the Ottawa Food Bank's executive director, Michael Maidment.

But the numbers on who uses the food bank point to gaps in affordable housing and social assistance, he said.

According to the report released Wednesday, 26 per cent of food bank clients have post-secondary educations. Sixty per cent of clients are from homes that don't have children. Thirty-five per cent of users report that their highest income is not social assistance or disability-related benefits.

The numbers appear to show that people with jobs, no kids to support and with extra education still can't afford to buy food.

This indicates systemic affordable housing and social assistance issues, said Maidment, and gives an idea of the kind of jobs available in the city.

"We hear about trends in precarious employment where people may have part-time jobs or have multiple part-time jobs or who don't have benefits or all of those things," said Maidment.

Another trend this year was a spike in food bank use in communities where Syrian refugees were settling, said Maidment. However, those numbers smoothed out quickly, he said.

This is the first year the food bank has released a report showing numbers for the entire year. This is thanks to new analytics software called Link2Feed being used across the province.

The food bank hopes to use these numbers and more, generated through Link2Feed, to identify gaps and trends so it can better respond to Ottawa's food needs.

CLIMATE CHANGE

Planning for more flooded basements

Ryan Tumilty
Metro | Ottawa

The National Research Council expects your home will likely flood more often and more severely in the future, so it is drafting new building standards to ease the blow.

The council is soliciting bids to help create new building standards for basements that better adapt to climate change.

"We're getting more extreme rain more extreme snow, higher winds," said Philip Rizcallah, the NRC's director of construction research and development.

He said the new standards could include measures to make homes more water-tight along with other measures that recognize the new reality. "The type of insulation you use might be less susceptible to mould growth so when it does get wet it doesn't mould," as an example, he said.

The NRC has a lengthy process to develop new building codes, but once the changes are made they tend to filter into provincial codes across the country.

He said they weigh the measures meant to safeguard a home against the practicality and cost of making changes.

Craig Stewart, vice-president of federal affairs with the Insurance Bureau of Canada, said the updates are well worth it because floods are costing millions.

"We have seen a 20-fold increase in flooding damage over the last 20 years," he said.

He said those have come in big events like the Calgary floods, as well as smaller ones like in Kanata in 2009 and 2014.

He said it's just part of the changes that will be needed to deal with the new reality.

"Building codes are one particular measure that can safeguard consumers with new buildings, but in addition we need to stop building in flood plains and of course existing homes need to be retrofitted."

SOFTWARE FIRM

SurveyMonkey to expand in Ottawa: Report
After slowly building up its headcount in Ottawa over the last two years, California-based software firm SurveyMonkey plans to go on a local hiring binge in the new year by adding dozens of staff, according to a media report.

SurveyMonkey entered Ottawa when it acquired Fluidware in 2014. CEO Zander Lurie recently told the Globe and Mail that the company may increase its Ottawa headcount by up to 50 per cent in 2017. CRAIG LORD/OTTAWA BUSINESS JOURNAL

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Entrepreneur sells Free Form Fitness to make room for creative startups

Free Form Fitness founder Jean-Luc Boissonneault, shown with wife Chelsea (left) and sister Ashley Lawrie, has lots to smile about. CONTRIBUTED

BUSINESS

Founder also owns event management company

David Sali
Ottawa Business Journal

Two years ago, Free Form Fitness founder Jean-Luc Boissonneault told OBJ he'd "love to start a whole bunch of businesses."

A tireless entrepreneur with a passion for startups, Boissonneault has decided to step away from the fitness chain he founded a decade ago and pursue new ventures.

The 33-year-old announced last week he has sold Free Form Fitness, which has four Ottawa locations, to New York-based gym owner Jim Smith. Terms of the transaction were not disclosed.

Free Form Fitness specializes in personal training. Its growth and focus on selling a premium service came as competitors such as GoodLife pursued the lower end of the gym market by opening discount locations through its Fit4Less brand.

Boissonneault, who had already turned the company's day-to-day operations over to president Ashley Lawrie and general manager Lindsay Blue, said he felt the chain was in good hands under their leadership and decided the time was right to embark on a new challenge.

"I thought it would be better to have somebody at this point that is coming in fresh and excited," the 2014 OBJ Forty Under 40 recipient explained. "I'm more of a creative type. My creativity wasn't being utilized as well as it could be in, let's say, another startup. I'm good at painting the picture."

A client introduced him to Smith about six months ago, he said. Boissonneault said he and Smith, who owns a number of fitness centres in the Syracuse, N.Y., area, hit it off right away, and the sale was finalized last Wednesday.

"He had the same outlook on life that I did," the Ottawa native said. "I got the impression from him that he wasn't the corporate type. With Jim, it was all about values. We care about people; we lead the same way in that we listen a lot to what everyone has to say. It's not dictating leadership – it's more of an inspirational leadership. That was really attractive to me."

Boissonneault said members won't notice much of a change in operations under Smith's ownership. Lawrie and Blue will continue to manage the clubs and their customer-first approach will remain the same, he told OBJ.

Boissonneault said he and his wife Chelsea plan to take some time off and relax before they make any firm decisions about their next endeavour.

The couple already owns an event management company and has developed software to help gym-goers manage their personal training regimens. But Boissonneault suggested there will be plenty of other projects on the horizon as well.

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Reform survey hackable

ELECTION

Man says he voted multiple times, believes it's made to fail

Ryan Tumilty
Metro | Ottawa

An Ottawa man said he has voted multiple times in the Liberal government's new democracy survey and believes it's designed to fail.

Ammario Reza said just by using different devices and logging onto a café's Wi-Fi he has managed to vote multiple times in the mydemocracy.ca website.

"All it asks for is a postal code and that's it. It accepted the results," he said. "It just kept accepting the results over and over again."

He said he backs a move to a proportional representation system and was disappointed the survey wasn't more substantial.

Ammario Reza stands outside Parliament on Wednesday. RYAN TUMILTY/METRO

He said it feels like a survey geared to deliver an incomplete answer.

"They're really trying, as desperately as possible, to get a result that they could interpret in a way that would suit them," he said.

David Valentin, executive vice-president of Mainstreet Research, said the inclusion of a postal code actually helps create a survey that will be fairly measured.

"If 1,000 people in my postal code in Montreal fill out the survey, our responses are only going to count proportional to our population."

He said the open-ended survey likely aims to ensure people actually want the voting changes that are being talked about.

> **All it asks for is a postal code and that's it.**
> Ammario Reza

"I think what the government is really trying to gauge with this survey is whether or not there is a desire within the Canadian populace to change the voting system," he said.

Much like launching a new product, Valentin said this survey will give the government a sense of what people want to see change and what they want to stay the same.

"You're not going to propose a product until you know what the needs are."

He said the government can do all kinds of surveys and polls, but a survey like this is probably the best gauge of what Canadians will want.

"That one probably is going to give you the best sense of whether it will actually pass."

HOMICIDE

Shooting death the city's 20th

Ottawa recorded its 20th homicide of 2016 on Tuesday night.

Police responded around 10:40 p.m. Tuesday after receiving 911 calls about gunshots in the Bayswater Avenue and Laurel Street area. Officers found a 17-year-old male with life-threatening injuries from a gunshot wound. He was transported to hospital, but succumbed to his injuries.

The victim was identified as Leslie Mwakio of Ottawa. Police are asking the public for any information. RYAN TUMILTY/METRO

HIT AND RUN

Motorist strikes stroller

The OPP are seeking a male motorist who drove away after hitting a baby stroller in Kemptville.

Police say a woman was pushing her five-month-old child in a stroller Tuesday in a parking area when the incident took place. Police say the pair were not injured. THE CANADIAN PRESS

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Women's pinball group aims to rally female players to 'dude heavy' game

ARCADE

Pinball Women Ottawa starts second season in January

Adam Kveton
For Metro | Ottawa

Bright lights, loud noises, fast reaction times and split-second decisions.

Welcome to the world of pinball, one a new Ottawa group hopes to introduce to more women.

Pinball Women Ottawa launched at the beginning of the year, and their first season ended Dec. 7 at House of Targ with a friendly tournament.

The group currently has about 60 members, though monthly meetings usually consist of about 10 participants.

Group founder and organizer Caitlyn Pascal is hoping to change that, and bring a little more balance to the scene in Ottawa.

"I want to get a lot more women into pinball because it tends to be very dude-heavy," said Pascal.

In attending regular league nights, it's not uncommon to be the only woman participating, she said. Though that's not really a problem, she added.

"Most people in pinball are really lovely," she said. "We just wanted to create a space that would encourage more women to come out and play, and socialize around it."

Pascal attributes the game's gender gap to its historical presence in bars and gambling establishments in the 1930s and 40s. She feels the games continue to be marketed primarily towards men.

But that didn't stop Pascal from gaining a passion for the game as a child. Unable to afford most arcade games, Pascal would sometimes find a pinball machine with an extra credit or two left, so she would play.

While playing pinball now is a bit of a nostalgia trip for Pascal, who's now 37, she says pinball also gives players something video games can't — control over something physical and kinetic.

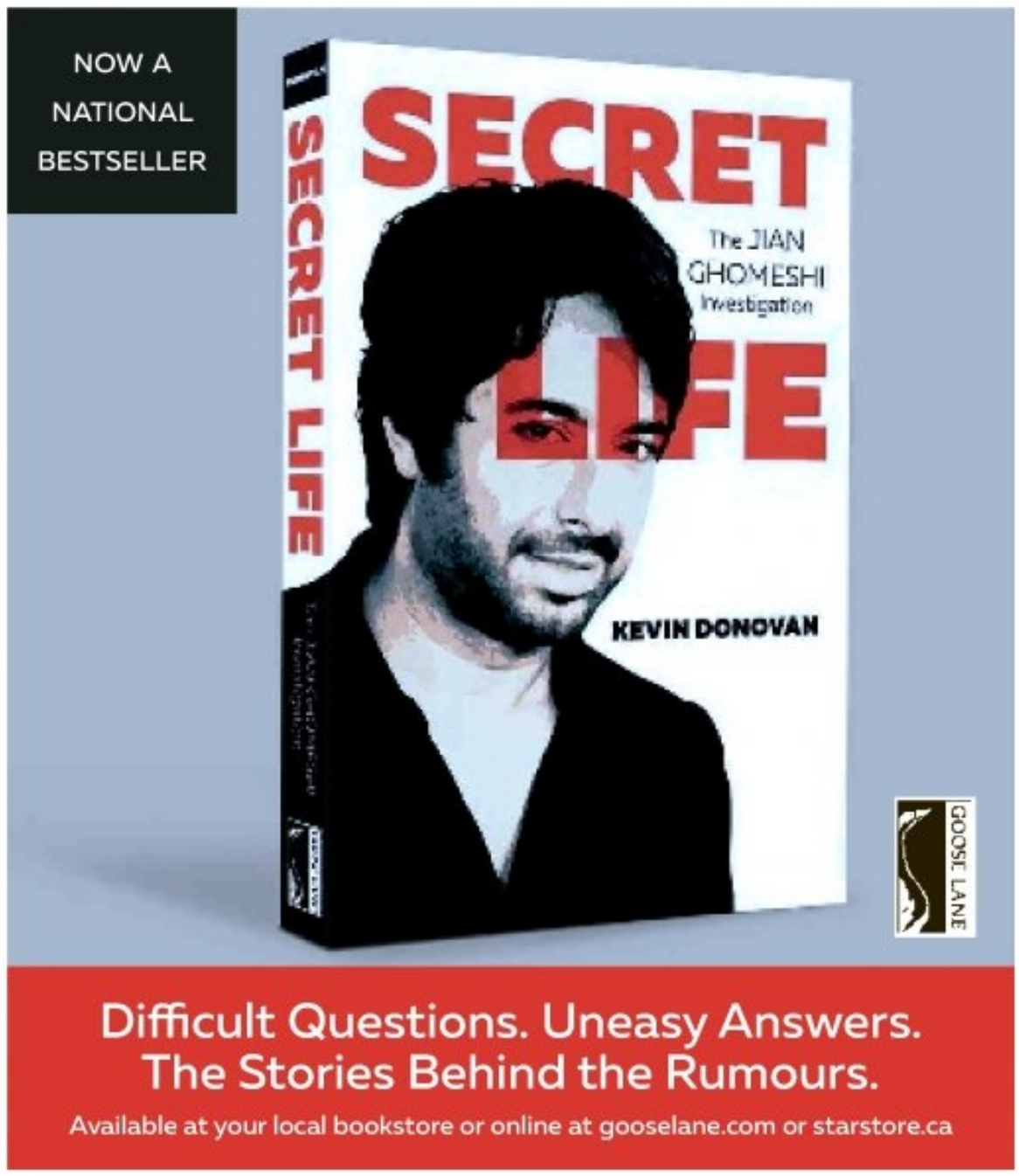
"You really start noticing your reactions and your skills improving and heightening ... and you start figuring out the rules of the machine," said Pascal.

"That's a pretty exciting process."

The age of her members range from early 20s to late 50s, coupling the veteran players with their own small collection of machines with novices.

The group will be picking back up in January with monthly meetings. To contact the Pinball Women Ottawa group, go to facebook.com/groups/PinballWomenOttawa.

Megan Sprague, who has been playing pinball for two years, joined the women's group this spring. ADAM KVETON/FOR METRO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Edmonton volunteers are offering carnations to women wearing hijabs with the message, "This is for you." KEVIN TUONG/FOR METRO

EDMONTON

Flower campaign counters racism

Sarah Hoyles
For Metro | Edmonton

Janelle Venne is one of dozens of volunteers who handed out flowers to Muslim women Wednesday at Edmonton's University LRT station.

The daylong effort, where volunteers offered 1,000 carnations to women wearing hijabs with the message, "This is for you," is in response to recent news of a man holding a noose and threatening Muslim women at the station.

More than a dozen volunteers have stepped up to help.

Volunteers raised money for the flowers through local donations and from donations outside the city.

In just 24 hours, the Alberta Muslim Public Affairs Council raised $500.

The flowers are in response to a Nov. 8 incident at the station, when an elderly man threatened two young women wearing hijabs.

One of the women took video of the man pulling a rope from his pocket, tying a noose with it before issuing the threat, "This is for you!"

The man then proceeded to sing O Canada in front of the two women. Yesterday, police arrested a suspect.

On Friday the Alberta Muslim Public Affairs Council released a statement calling on police to fully prosecute the person involved.

"This was an example of hatred pure and simple," AMPAC President Faisal Suri Khan said in the release. "We need to ensure that Islamaphobia is discouraged in all its forms and the first step in doing that is to treat such actions as hate crimes."

Police have said a hate crime charge is possible.

Spousal sponsorship to speed up

GOVERNMENT

Another $25M allotted for immigration backlog

Ottawa has vowed to cut the processing times and backlogs for spousal immigration applications by more than half with an expanded annual quota for 2017 and a new simplified application kit available next week.

Starting immediately, most spousal sponsorship applications submitted in and outside Canada will be processed within 12 months, down from the current average of 26 months and 18 months respectively, Immigration Minister John McCallum announced on Wednesday.

"We have listened to Canadians and are delivering results. Bringing families together makes for a stronger Canada. Canadians who marry someone from abroad shouldn't have to wait for years to have them immigrate or be left with uncertainty in terms of their ability to stay," McCallum told a news conference in Brampton, Ont.

"What we are announcing today is a more efficient, more considerate process to reunite families."

> **Bringing families together makes for a stronger Canada.**
> John McCallum

Complaints by Canadians and their foreign spouses and dependants over long processing times and lengthy separations had fallen on deaf ears under the previous Conservative government.

Although the Liberals had made fixing the backlog a priority during the election campaign, the immigration department had been preoccupied with the ambitious project to resettle tens of thousands of Syrian refugees.

With an additional $25 million allotted to reduce the immigration backlog in its 2016 budget, the immigration department has managed to reduce the processing times of spousal sponsorship applications by 15 per cent for inland applicants and by more than 10 per cent for those waiting overseas.

The government also raised the annual quota for foreign spouses and dependants this year to 64,000 people from 47,000 in previous years. With limited spots and increasing demands, the backlogs persisted and grew over time.

Sponsorship applicants welcomed McCallum's announcement, but remained cautious of the government's commitment.

"There are mixed emotions from all spousal sponsorship applicants due to actions we've seen over the recent year," said Leah Campbell, a member of the self-advocacy group, Canada Spousal Sponsorship Petitioners.

"I hope that these words and promises turn into action, and quickly, not soon or in coming months, as Minister McCallum is famous for saying," added the American woman, who is married to a Canadian man and has been waiting for a year for her permanent status.

Immigration officials said they hoped to clear all existing applications by the end of 2017 with the expanded quota, additional staffing resources and a streamlined process.

TORSTAR NEWS SERVICE

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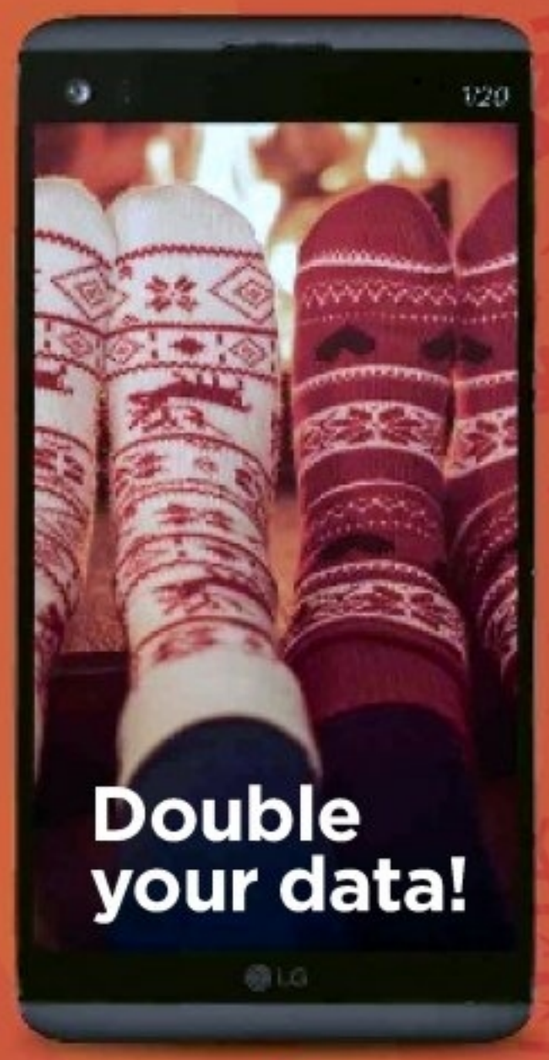

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GLOBAL DIGEST

IRAQ

UN scrambling to shelter displaced

The UN is scrambling to find enough land to shelter those displaced by the fighting to retake Mosul from Daesh as humanitarians brace for the exodus of as many as 700,000 people from the city, an official said Wednesday.

Bruno Geddo, the UN's top humanitarian official in Iraq, said that there is currently enough space in camps for 180,000 people.

"That is the thing that makes us somehow sleepless at night. You cannot be complacent when you still have one million people inside the city," he explained.

Geddo said he and his colleagues were haunted by the memory of Fallujah where some 65,000 people fled the city over three days during an operation to retake the city from Daesh in June, quickly overwhelming humanitarian efforts. THE ASSOCIATED PRESS

UNITED STATES

Trump chooses hardliners

Donald Trump embraced new Cabinet officers Wednesday whose backgrounds suggest he's primed to put tough actions behind his campaign rhetoric on immigration and the environment, even as he seemed to soften his yearlong stance on immigrants brought to the U.S. illegally as children.

It's clearer by the day that Trump's policies as president won't be settled until after he takes his seat in the Oval Office.

Retired Marine Gen. John Kelly has been selected to head the Department of Homeland Security, and Oklahoma Attorney General Scott Pruitt, a climate-change denier whose policies have helped fossil fuel companies, is to be announced as head of the Environmental Protection Agency. THE ASSOCIATED PRESS

Thousands take refuge in mosques after Aceh quake

INDONESIA

Nearly 100 people killed, hundreds more injured

Thousands of people in the Indonesian province of Aceh took refuge for the night in mosques and temporary shelters after a strong earthquake Wednesday killed nearly 100 people and destroyed dozens of buildings.

Some were homeless after the quake made their houses unsafe and others were too scared to return home. Killer quakes occur regularly in the region, where many live with the terrifying memory of a giant Dec. 26, 2004, earthquake that struck off Sumatra. The magnitude-9.1 quake triggered a devastating tsunami that killed more than 100,000 Acehnese.

Maj. Gen. Tatang Sulaiman, chief of the army in Aceh province, said at least 97 died in the magnitude-6.5 quake that hit before dawn Wednesday, while four people had been pulled from the rubble alive. The Indonesian government declared a two-week emergency period in Aceh and some aid was already reaching hard-hit areas.

The rescue effort involving thousands of search officials, villagers, soldiers and police is concentrated on Meureudu, a severely affected town in Pidie Jaya district near the epicenter. Excavators and rescue teams removed debris from shop houses and other buildings where people were believed to be buried.

> "I'm really scared about a tsunami. I don't want to return home tonight."
> Siti Rukiah

The pace of the search slowed after night fall, hampered by rain and blackouts.

The U.S. Geological Survey said the earthquake was centred about 19 kilometres southeast of Sigli, a town near the northern tip of Sumatra, at a depth of 17 kilometres. The agency had initially placed the epicenter undersea. It did not generate a tsunami.

Siti Rukiah, 51, a mother of four, was among the many people taking refuge in local mosques. She and about 100 other people from Pante Raja, a seaside village in Pidie Jaya district, fled to Nur Abdullah mosque located on higher ground in a nearby hamlet.

She said the quake was shallow and felt so powerful she had to grab onto a table to keep from falling down. She was sure a tsunami was coming.

"I'm really scared about a tsunami," said Rukiah, whose brother and neighbours died in the 2004 disaster. "I don't want to return home tonight, not only because my house is damaged, but I am still afraid an aftershock could cause a tsunami."

Aceh's disaster mitigation agency said more than 600 people were injured. The national disaster agency said about 245 buildings were seriously damaged or destroyed in Pidie Jaya and neighbouring Bireuen district, including 14 mosques. The rest were mainly dwellings and shop houses. Roads also cracked and power poles toppled over. THE ASSOCIATED PRESS

Family members gather around earthquake victims in Pidie Jaya, Aceh province, Indonesia, on Wednesday. A strong earthquake rocked Aceh province, killing a large number of people and sparking a frantic rescue effort in the rubble of dozens of collapsed and damaged buildings. THE ASSOCIATED PRESS

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EMOJI

Japan worried 'onsen' emoji will confuse Olympic tourists

Rebecca Chiu
Metro | Toronto

Japan is worried Westerners visiting for the Olympics in Tokyo will be confused by a popular map and sign symbol indicating hot springs, and expect food to be awaiting them instead.

The country is more than three years away from hosting the 2020 Summer Games, but officials think the onsen symbol looks too much like a plate of hot food with steam rising from it.

The symbol representing hot springs is already included in emoji sets from both Apple and Google, who have taken inspiration from Japan's maps and signs.

The companies could have to do the same if Japan decides to make the change.

The country is reviewing some 90 other symbols as Japan prepares to host the Games and the tourists, athletes and media that come with the event.

Japan might change the 'onsen' symbol — meant to indicate hot springs. Officials worry Olympics tourists could mistake the symbol for hot food. TWITTER.COM

Starbucks to open 12,000 new outlets

GROWTH

More food, app with artificial intelligence in five-year plan

Starbucks, looking to the future as its longtime CEO moves to other projects, plans to open 12,000 new locations within five years to boost its number of coffee shops worldwide by almost 50 per cent.

The Seattle-based chain is also adding more food to its menu next year, including organic soups, gluten-free breakfast sandwiches and a wheat-free cooked egg product. And sometime in 2017, customers will be able to talk to the Starbucks app to order a latte or cookie instead of tapping their smartphones.

Starbucks outlined its five-year growth plans to investors on Wednesday, about a week after it announced that Howard Schultz, who has built Starbucks into a global brand with 25,000 locations since first joining the company more than 30 years ago, would step down as CEO in April. Starbucks has been facing increasing competition from Dunkin' Donuts and McDonald's as those companies add more specialty coffee drinks to their menus.

About 5,000 of the 12,000 stores Starbucks plans to open by 2021 will be in China.

Starbucks also wants to get more customers to buy lunch at its shops by offering organic soups and adding more sandwiches and wraps. An app update next year will use artificial intelligence technology to let customers order by voice and have the app respond immediately with a message.

THE ASSOCIATED PRESS

Starbucks is increasing the total number of its coffee shops worldwide by almost 50 per cent. AFP/GETTY IMAGES

MOOSE KNUCKLES

Parka-maker reaches deal with watchdog

Winter jacket maker Moose Knuckles has reached a deal with the Competition Bureau regarding concerns over its advertising and labelling of certain parkas that are promoted as made-in-Canada.

Under the agreement, reached through mediation, the company has agreed to donate $750,000 over five years to charities in Canada, such as those that provide winter coats to children in need.

In addition, Moose Knuckles has agreed to make it clearer that certain parkas are made with Canadian and imported components.

The company will also add operations at its Canadian factories and implement an internal compliance program to ensure that advertising and labelling issues do not occur again.

The Competition Bureau had alleged winter coats marketed as made-in-Canada were mostly made in Vietnam and elsewhere in Asia.

The bureau alleged that only the finishing touches to the jackets, such as the trim, zippers and snaps, are done in Canada, something that Moose Knuckles "vigorously" rejected.

Moose Knuckles said the agreement will secure the continued employment of hundreds of skilled Canadian workers.

The company said it appreciates the guidance it has received from the Competition Bureau to improve the information available to consumers and has reaffirmed its implementation of the regulator's made-in-Canada guidelines.

"Our brand may be cheeky, but we take seriously our commitment to Canadian manufacturing and working within the framework outlined by the Competition Bureau in its guidelines," Noah Stern, CEO of Moose International Inc., said in a statement.

THE CANADIAN PRESS

Made in Canada Moose Knuckles coat with it's label. TORSTAR NEWS SERVICE

SWEET DEAL

Brooke Shields' gift list lifts maple syrup sales

Brooke Shields' gift list is sweetening a Vermont family farm's sale of maple syrup. The 109-year-old Robb Family Farm says it's seen a 60 per cent jump in sales since the actress listed the syrup among her 12 best holiday gifts for women published in People Magazine's holiday gift guide last month. The Robbs sell their maple syrup at their farm store, a local store and online.

THE ASSOCIATED PRESS

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metro VIEWS
Your essential daily news
Thursday, December 8, 2016

EMMA TEITEL ON A SNUBBED SUFFRAGETTE

I was ticked off that Nellie McClung wasn't going to appear on money until I revisited the life and times of my childhood hero and learned some unsavoury things

When I was a kid I had two heroes: Queen Hatshepsut, the fifth pharaoh of the eighteenth dynasty of Egypt, and Nellie McClung, the late and great suffragette of Winnipeg.

Needless to say, these women did not have a lot in common. Queen Hatshepsut wore a fake beard and is believed to have gone to bed with her architect, Senenmut, on a regular basis. Something tells me that McClung, a no-nonsense Christian and a teetotaler, wasn't a big fan of sex out of wedlock (even with a master builder) or, for that matter, dressing up in drag.

But like Queen Hatshepsut, McClung was a big fan of women's legal rights — a cause she fought long and hard for alongside the rest of "The Famous Five": Henrietta Muir Edwards, Irene Parlby, Louise McKinney and Emily Murphy.

In 1929, McClung and her peers successfully petitioned for a woman's right to be appointed to the Senate in the landmark "Persons Case" — now immortalized in Canadian history textbooks and more importantly, on TV, in its very own Canadian Heritage Minute. (When it comes to an important event in Canadian history, I do wonder, if there's no Heritage Minute to show for it, did it really happen?)

McClung was also a fierce proponent of property rights for married women, children's health and dental care, and safe working conditions in the typically gruesome factories of the day.

It's no wonder why so many of us assumed she'd be the first non-royal female face to appear on Canadian currency.

When Prime Minister Justin Trudeau announced earlier this year that a woman's face would at long last grace a Canadian banknote, McClung was believed by many to be a shoo-in for the position. And yet, despite being the favourite choice in online polls, McClung was not selected to appear on the official short list of female currency candidates. The final decision will be revealed Thursday.

COMPLICATED LEGACY Nellie McClung, shown in an undated photo, was left off the short list of famous Canadian women who are in the running to appear on a banknote.
C. JESSOP/NATIONAL ARCHIVES OF CANADA/THE CANADIAN PRESS

In no particular order, the short list comprises E. Pauline Johnson, Viola Desmond, Elizabeth MacGill, Fanny Rosenfeld and Idola Saint-Jean: all remarkable and worthy candidates (whose achievements range from resistance to racism, to writing, to Olympic running), but who are also arguably far less known than McClung. And it turns out, far less controversial.

The McClung omission ticked off a lot of people. It ticked me off too, until I revisited the life and times of my childhood hero and learned some pretty unsavoury things about the suffragette that my textbooks may have glossed over (or that I may have chosen to ignore). McClung did a lot of good, but she did a lot of bad too. And I'm not referring to the predictable breed of bad that almost everyone in her day was party to (for example, a casual prejudice against minorities and gay people). I'm talking about the kind of bad that verges on evil: like, say, championing eugenics and the forced sterilization of mentally disabled and mentally ill people.

Unfortunately, this sort of thing was Nellie McClung's bag, so much so that according to The Canadian Encyclopedia, McClung's public enthusiasm for eugenics was a big help in the passage of the Alberta Sexual Sterilization Act in 1928, a piece of legislation that enabled the sterilization of almost 3,000 people between 1929 and 1972.

Suddenly, McClung's omission from the currency short list doesn't seem quite so strange, does it? Suddenly, it makes a lot more sense.

A nation's currency — the cash that lines our wallets and creases in our pockets — isn't a private institution or a university scholarship available to few; it's a public resource used (and abused) by all Canadians, the mentally disabled and the mentally ill alike. And I'd much rather see a personage grace my dollar bills who didn't count "legislate eugenics" among her life's greatest achievements. (Also, for the record, there are dozens of other ways to immortalize Canadians with complicated legacies; a more useful question than "Why isn't Nellie McClung on our money?" is "Why aren't there more films and TV shows about the Famous Five?")

Some critics of the McClung omission, such as Shannon VanRaes of Metro Winnipeg, argue that eliminating the suffragette from the running on account of her sterilization advocacy is proof of a sexist double standard. There are, after all a multitude of morally bankrupt men on our banknotes. Why should their faces remain crumpled on the cash in our purses, while McClung's is relegated to history textbooks?

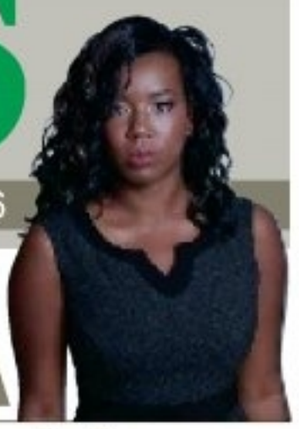
But this argument is misleading. Because the question before us isn't about bank notes past — when people rarely, if ever, questioned the commemoration of a historical figure on account of his or her sins against a marginalized group. The question before us is about bank notes present. And in the present moment, and in the age of president-elect Donald Trump no less, it's a good thing that we don't jump to immortalize historical figures on our national currency who championed eugenics.

This isn't proof of an outdated sexist double standard. It's proof of a modern moral standard that bends toward the dignity of everyone.

A nation's currency is a public resource used by all Canadians, including the mentally disabled

Emma Teitel is a national affairs columnist for the Toronto Star.

VICKY MOCHAMA



An ode to Canada's own pronoun protector

I had hoped that if we stopped caring then one day
Jordan Peterson would gracefully go away
In many interviews with the nation's press
(And well, naturally. Of course. Who else?)
He tells of how he was once a prof at Harvard
Just so you know he's the best, a super smart nerd.

As a professor, though, it seems he'd be a pest
Because, as the breadth and scope of his views suggest,
He has no real interest in citing his sources
Or going back to solely teaching his courses.

But he won't fade away; no, he simply will not.
He's determined to keep the outrage fires hot.
Talking to C2C Journal, a mag of ideas,
He shared a few of his own, and I was all ears:
He won't use gender pronouns like xe, xim or xer.
It's his right not to do so. (The law protects this cur.)

Yet none of that is new — not worth the contention,
It's his other views that bear paying attention:
Women weren't discriminated against, says he.
An untruth so bold as saying a cat is a tree.

Although out his depth, he continues to swim:
The pill makes girls dislike macho men like him.
What the research truly says, if you care to know
is women's choices change, along with their flow.
So in amplifying our tastes, the pill plays a part;
It won't make us hate men — we do that cause it's smart.

Peterson spouts lines from Breitbart, The Daily Mail
where science gets turned into a right-wing fairy tale.
He worries he'll be fired for speaking his truth.
I'm more concerned that he's teaching our youth.

Dr. Jordan Peterson, the controversial, and newly apostrophized, University of Toronto professor. CARLOS OSORIO/TORSTAR NEWS SERVICE

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Your essenti ews

Sia later? Singer splits from filmmaker husband Erik Anders Lang

Dress to be the hottest person at the party

Holiday Ideas

It's that time of year again. Jack Frost nipping at your nose, yuletide carols sung by a choir, and folks dressed up like ... well, thank goodness we're here to help you with that last one. Toronto-based fashion stylist Hazel Ong suggests using seasonal festivities as an excuse to sport something you wouldn't any other time of year. Oh, and: "wear something you can dance all night in," she says. Here are some outfit suggestions, broken down by personality type. NICHOLE JANKOWSKI/FOR METRO

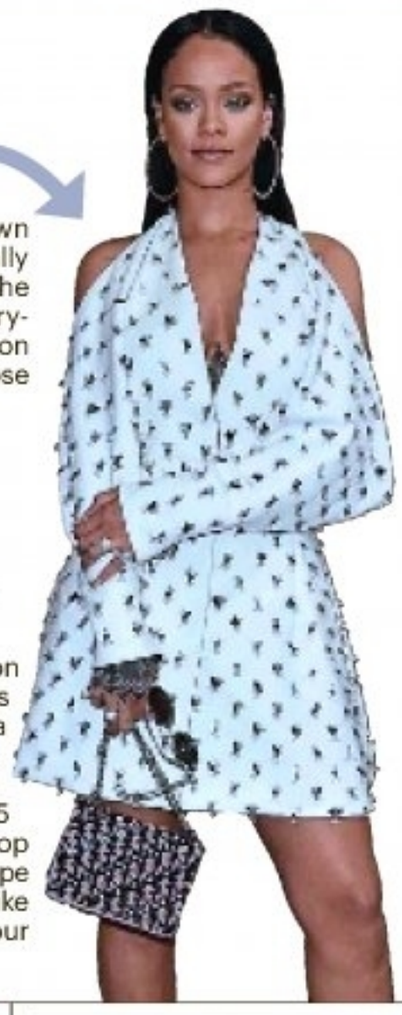
COURTESY BALENCIAGA

The Flirt: show off a work-appropriate erogenous zone

December is still cuffing season, so if you're single and looking to lock one down then consider showing off this season's totally office-party appropriate erogenous zone: the shoulders. Off-the-shoulder has been everywhere since spring but for men, JW Anderson has been doing it since Fall/Winter 2013. Chose a seasonal fabric like a velvet or metallic.

The Centre of Attention: helical striped stockings

If you want to be the most talked-about person in the room then candy cane-striped stockings are for you. Pair red and white tights with a floral or brocade dress for the most impact. The Balenciaga Fall/Winter 2016 runway version seen here is available online, but for $195 it might be worth checking your local sex shop first. Remember, you're looking for a helical stripe that winds up the leg — the idea isn't to look like the Wicked Witch of the West, you want your gams to look like two barber poles.



The Foodie: cinnamon browns and biscotti beiges

If you are what you eat, then why not dress the part? From cinnamon browns to biscotti beiges, head-to-toe nudes are everywhere thanks to Yeezy Season 3 and the Kardashian clan. May we suggest a gingerbread man-inspired ensemble? Choose an overcoat or blazer with oversized buttons to really finish the look.

Rihanna in Christian Dior and Solange Knowles is pictured at a Eckhaus Latta show. Knowles is also wearing Brother Vellies shoes, designed by Canadian Aurora James and carried at Nordstrom's The Space. PASCAL LE SEGRETAIN AND MIREYA ACIERTO/GETTY

Forget leg room, this is real flying comfort

When some of us fly, we wear sweat pants, fight for arm rests and eat dry chicken. When others fly, they guzzle champagne, wrap themselves in cashmere scarves and sleep peacefully in fold-out beds. If you know someone who fits into the latter category — or aspires to fit into it — we've got the gift guide for you. TORSTAR NEWS SERVICE

Canadiana poncho

Nothing says Canadiana better than Hudson's Bay stripes. And this wool poncho doubles as a cosy blanket during long flights. Available online at thebay.com and in Hudson's Bay stores, $185.

Hand cream

L'Occitane is putting the frequent-flyer customer first with a set of four luxurious 10-mL creams designed to ease the trip through airport security. Available at loccitane.com and in L'Occitane en Provence stores. Package of four, $20.

Stretchy pants

Lululemon's Embrace the Space pants are perfect for the plane — stylish, wrinkle-free and comfortable. Available at shop.lululemon.com and in Lululemon stores, $128.

eReader

The Kobo Aura One e-reader will lighten the carry-on, leaving room for last minute airport shopping, $249.99. Available at Indigo.

Sleeping aids

Ensure inflight shut-eye with this Ted Baker Shadow Flora travel eye mask and neck pillow set. Available at chapters.indigo.ca and in Indigo stores, $49.

Ticket wallet

For the someone who is continuously misplacing that boarding pass, this Roots leather Ticket Wallet Tribe. Availalble online at roots.com and in Roots stores, $88. Another accessories option is a fuzzy purse decoration that doubles as an electronics charger, from Winners.

KARL LAGERFELD

Pharrell, celebs put on the Ritz

Pharell Williams and Lily-Rose Depp walk the runway during the Chanel Collection des Metiers d'Art 2016/17 : Paris Cosmopolite show on Tuesday in Paris, France. GETTY IMAGES

Pharrell Williams put on the Ritz for Chanel's scintillating mid-season fashion show Tuesday — donning pearls on the Cafe Society catwalk at the restaurant of the newly refurbished Ritz Paris.

The singer, who called the experience "surreal," got cheers as he weaved, in a long tweed coat, between the dinner tables of well-heeled VIPs who included actresses Jada Pinkett-Smith, Willow Smith and Clemence Poesy, as well as singer Vanessa Paradis and South Korean superstar G-Dragon.

Williams was joined on the unusual runway by models such as Cara Delevingne, Georgia May Jagger and Lily-Rose Depp, who wore roses in their hair for the exuberant collection. The fashion lineup featured shimmering, tight-waisted silhouettes with strong shoulders and rendered in navy and off-white with flashes of red and dazzling gold.

The designs evoked the Cafe Society evening dresses once worn at the storied hotel — with glimmering embroideries, sunray pleats and marabou feathers.

As ever, the nostalgia was infused with modernity in the form of oversized black bubble jackets and funky, bejeweled necklaces that cascaded down the torso.

The Ritz has a special significance for the fashion house as it's where Coco Chanel used to live.

"It's surreal, as there's so much history artistically. And Chanel is a brand that I respect artistically, so I feel like it makes a lot of sense (to host the show at the hotel)," Williams said.

THE ASSOCIATED PRESS

JOHANNA SCHNELLER WHAT I'M WATCHING

The rewarding luxury of time

THE SHOW: Westworld, S1, E10 (HBO)
THE MOMENT: The Escape

Ingrid Bolso Berdal, Leonardo Nam, Rodrigo Santoro and Thandie Newton in a scene from the Westworld season finale.
CONTRIBUTED

Maeve (Thandie Newton), a robotic madam, seems to have achieved human consciousness. Now she's busting out of the eerily lifelike Westworld theme park, along with human scientist Felix (Leonardo Nam) and two gunslinger robots, Armistice (Ingrid Bolso Berdal) and Hector (Rodrigo Santoro).

They ride an elevator down to the lab. They traverse a hallway of glass-walled rooms; in them, robots learn to gamble, bathe, have sex. Suddenly, an army of security guards fires at them.

Armistice and Hector duck into a storage room, where scores of naked robots stand. They slit a guard's throat. Armistice grabs his gun. Chortling at its power, she offs several guards.

The foursome barge into a power-generating room, then into another lab. In here, however, the robots are Samuri practicing swordplay.

"What is this place?" Maeve asks.

"It's complicated," Felix answers.

It sure is.

Yesterday I wrote about The Crown's pricey production values. Westworld's budget makes The Crown's look spare. In this single sequence, there are multiple sets, hundreds of precisely costumed extras, elaborate stunts, and CGI. Yet this isn't an exception — every sequence is like this.

Here's the true marker of HBO's financial commitment, though: The network allowed series creators Lisa Joy and Jonathan Nolan to shut down production in the middle of season one so they could craft a richer story. And they won't air season two until 2018, because Joy and Nolan need a year to write.

Extras, costumes, sets, CGI — all are costly. But in TV, the most lavish luxury — and the most rewarding — is time.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

Pitt's custody files won't be sealed

PRIVACY

Agreement calls for visits guided by a therapist

A judge on Wednesday rejected Brad Pitt's request to seal details about custody arrangements in his divorce from Angelina Jolie Pitt.

Los Angeles Superior Court Richard J. Burdge Jr. denied Pitt's request in a brief written order that states the filing did not meet the requirements for sealing details at this time. Pitt had sought to seal details of his custody dispute with Jolie Pitt at an emergency hearing, but Burdge declined to hear the petition on an expedited basis.

Pitt's motion came two days after the release of a custody agreement that he and his estranged wife reached in late October. The agreement calls for the actor to have visitation with his children under the guidance of a therapist.

Pitt intends to seek temporary custody orders soon, and his filing states that he wanted those documents sealed to protect the children's privacy. He was also seeking the sealing of any custody-related filings.

"I am extremely concerned that if court records regarding custody are not sealed, information contained therein will cause irreparable damage to our children's privacy rights," Pitt wrote in a sworn declaration filed Wednesday.

Pitt's attorney Gary Fishbein declined comment after the hearing.

Brad Pitt intends to seek temporary custody orders and wanted those documents sealed to protect his children's privacy.
GETTY IMAGES

Jolie Pitt filed for divorce in September and currently has primary custody of their six children.

Her attorneys wrote in court filings Wednesday that Pitt's request was an attempt to shield himself from embarrassing details. THE ASSOCIATED PRESS

#YOW INDEX

The Kit Compact—Canada's fave beauty and fashion brand—brings you Ottawa's best holiday style

FESTIVE DREAMS

We asked three stylish locals to share the #1 item on their wish lists

KATIE HESSION, @yowcitystyle

"There's nothing I want more than a soft and cozy sweater to wear around the holidays. This cashmere sweater from Canadian company Kit and Ace is at the top of my wish list. I love the detail of the multi-directional knit stitch, and the creamy winter white is perfect for the season."

KIT AND ACE SWEATER, $448, KITANDACE.COM

ERIN ELIZABETH, @erinelizabethh

"I absolutely love these pompom beanies because they're stylish, yet warm at the same time. They also make a great gift to give to family or friends for the holiday season without breaking the bank."

ZARA TOQUE, $18, ZARA.COM/CA

CAROLYNN LACASSE, @carolynnlacasse

"When it comes to the holidays, it feels like every other night is dedicated to celebrating. That's why every season I pick out a go-to number that I can re-wear as I party hop. This tuxedo-inspired LBD from Judith & Charles is just begging to be accessorized. I'd even wear it with a turtleneck and wide-leg pants for more casual affairs."

JUDITH & CHARLES DRESS, $525, JUDITHANDCHARLES.COM

SHOPPING: LIT CANDLES

Behold, eight days' worth of seasonal candles to set your world on fire—and solve your gifting dilemmas

1. **BASALT** CANDLE IN SAINT VIOLET, $45, BIBELOTANDTOKEN.COM. 2. **NEST FRAGRANCES** BIRCHWOOD PINE CLASSIC CANDLE, $56, SEPHORA.CA. 3. **CATBIRD** TAROT DECK TRAVEL CANDLE, $25, EASYTIGERGOODS.COM. 4. **VANCOUVER CANDLE CO.** NEIGHBOURHOOD COLLECTION CANDLE IN KITSILANO, $38, VANCOUVERCANDLECO.COM. 5. **ACQUA DI PARMA** LAVANDA CANDLE, $112, NEIMANMARCUS.COM. 6. **LAKE LOUISE** BREEZE CANDLE, $10, INDIGO. 7. **MUGLER** ANGEL ÉTOILE DES RÊVES PERFUMED CANDLE, $98, SHOPPERS DRUG MART. 8. **DYNAMITE** VANILLE CACHEMIRE CANDLE $15, DYNAMITECLOTHING.CA

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FROM THE EDITORS OF THE KIT compact

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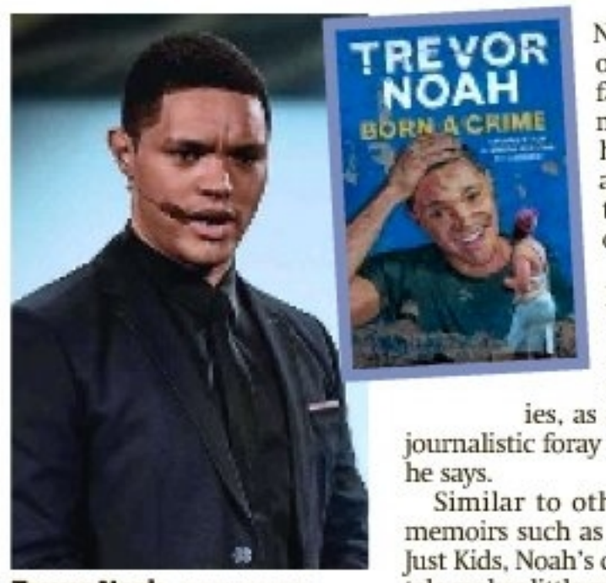
Natural-born storyteller

BORN A CRIME

An outsider living in apartheid South Africa

Sue Carter
For Metro Canada



Trevor Noah. GETTY IMAGES

When Trevor Noah was a kid, his mom would tell stories about how talkative he was. It was like he had a radio in his chest, she would say.

Well before he became one of South Africa's most famous entertainment exports — first as a stand-up comedian, and then as host of the late-night Daily Show — Noah was a natural storyteller, a gift he no doubt inherited from his mother, Patricia, who also emerges as the fierce hero of his new memoir, Born a Crime.

Told in 18 personal essays that are in turn humorous and horrifying, Born a Crime revisits Noah's early years living in apartheid South Africa as the child of a white Swiss man and a black Xhosa woman. The title refers to the fact that under apartheid rule, mixed-race relationships were illegal and could land a couple in prison, and any resulting offspring could be taken away without warning. Noah's relationship with his father was kept hidden, and even rare walks with his mother were fraught with tension. Although apartheid ended when Noah was six, its legacy of poverty, violence and racism remained a constant in his family's lives.

While writing the book, Noah sought out friends and family who reminded him of his early life, and retold their memories.

"I tried to keep the book sounding like I'm telling you the stories, as opposed to a journalistic foray into my life," he says.

Similar to other celebrity memoirs such as Patti Smith's Just Kids, Noah's coming-of-age tale makes little reference to his future success.

"My main intention was always to stay in around my childhood stories, to give some insight into the world I grew up in," he says.

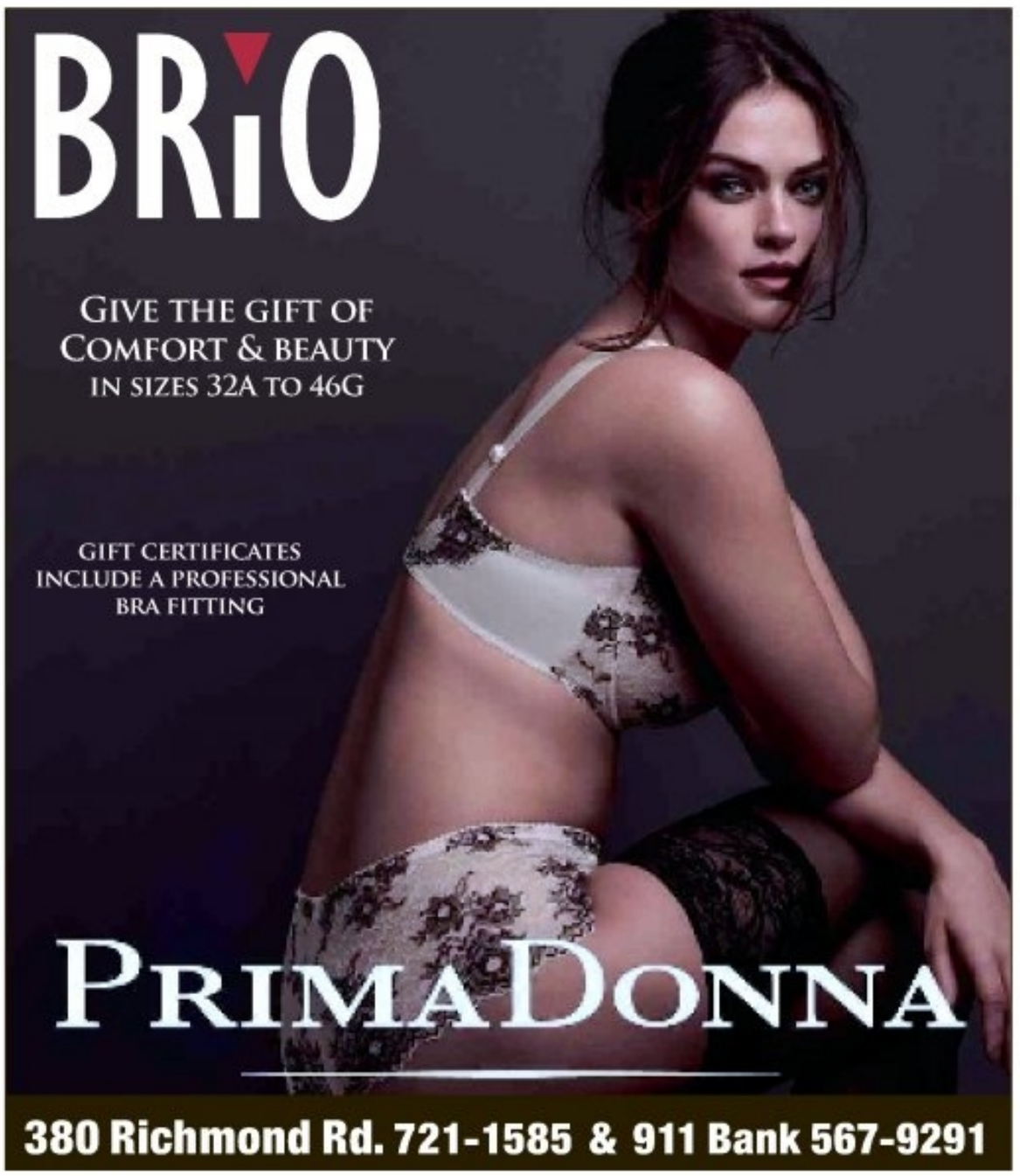
Growing up, Noah's world was shaped by his lighter skin tone: considered neither black nor white, he became something of a curiosity in both communities. Happily a loner, he spent his time indoors reading books and creating imaginary worlds; he now observes how being on the periphery has helped him living abroad in New York.

"The great thing about being an outsider is that it forces me to empathize and to acknowledge that the world isn't just the way that I see it. You know that communication won't always be met with the utmost enthusiasm," he says. "When I'm at the Daily Show, or even doing stand-up and travelling, you are essentially trying to communicate across worlds. It's something that I really enjoy doing."

As a teenager, Noah figured out how to use his outsider status to his advantage. Upon Patricia's insistence, he learned six languages, a skill that enabled him to slip in and out of various social cliques, and squeak out of trouble. It laid the groundwork for his stand-up act, which often features mimicry, and gave him an understanding of how comedy can contain various rhythms, depending on the language spoken.

"When you move between different languages what's really fun is you think in a different way completely,' he says. "You explore parts of your personality in a different way."

Sue Carter is the editor at Quill & Quire magazine.

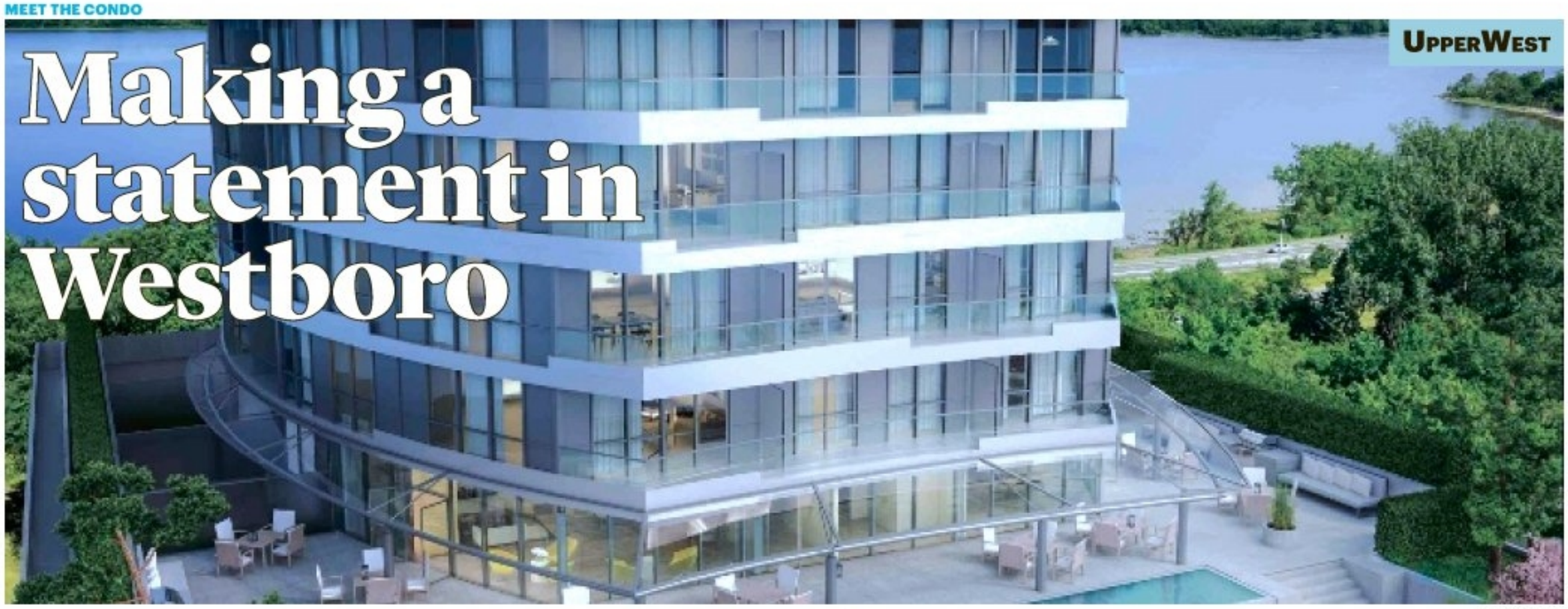


metro HOME
Your essential daily news

'Full House' house scooped up by Full House creator for $4M U.S.

MEET THE CONDO

Making a statement in Westboro



CONTRIBUTED

Project overview

UpperWest, a new 25-storey condominium in Westboro, is a statement-making building with fluid glass walls and a boutique hotel-inspired entry plaza. The condo was designed with green energy in mind. Residents will only pay for the energy they use — allowing them to reap the benefits of water conservation.

Housing amenities

UpperWest units include features such as nine-foot ceilings, granite countertops, hardwood floors and ENERGY STAR appliances. Other building amenities include a large outdoor terrace, a private dining room with caterer's kitchen, a lounge with fireplace, a state-of-the-art fitness facility and a fully furnished guest suite.

Location and transit

The condo is also within walking distance of several transit routes, providing an effortless commute to downtown or out to Kanata. It is directly off of Richmond Road and is close to Highway 417 and the Sir John A. Macdonald Parkway as well.

In the neighbourhood

Westboro is a highly trendy neighbourhood, with countless local shops, boutiques, unique cafés and fine dining, as well as commercial businesses. The area encourages active, healthy living with a network of pedestrian and bike paths, parks and beaches along the Ottawa River.

ILANA REIMER/FOR METRO

NEED TO KNOW

What: UpperWest
Builder: Minto
Designer: Minto and partners
Location: 485 Richmond Rd.
Building: Condominium
Size: 532 sq. ft. to 2,188 sq. ft.
Pricing: From $269,900
Model: One to two bedrooms, one to 2.5 bathrooms
Status: Now selling
Occupancy: December 2016
Sales centre: 400 Richmond Rd.
Phone: 613-788-2786
Website: minto.com

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Social Lounge
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Rooftop Terrace
Outdoor Rooftop Kitchen
And that's just the beginning...

metro SPORTS

"That's never been our mindset to coast at any point": QB Dak Prescott on his playoff-bound Dallas Cowboys

Delivering a weak punch

UFC 206 Pre-fight workout

Saturday's card has many Canadian fans wanting more

Joe Callaghan
Metro | Toronto

Anthony Pettis spars during a UFC 206 workout in Toronto on Wednesday. EDUARDO LIMA/METRO

How different things might have been.

Toronto's Massey Hall was sleepy and hollow Wednesday at lunchtime as the first foray of UFC 206 fight week summed up so much. As Anthony Pettis — one half of the headline act of the organization's first pay-per-view card on Canadian soil in almost two years — took centre stage, there were barely 60 souls inside the grand old venue.

Had original plans come to fruition, the place would have been packed to the rafters. When the UFC announced its return to the Air Canada Centre in August, the expectation was this would be the new regime welcoming back an icon of the past.

The UFC had been sold for $4.2 billion in the summer and as much as Conor McGregor and Ronda Rousey's wild popularity had helped drive up the record price tag, the founding fathers played their part too, none more than Georges St-Pierre.

Now the man behind the initials GSP would finally be returning front and centre. St-Pierre, who hasn't fought in three years, enrolled in USADA's drug testing program which, as it happened, would have made him eligible to return by this Saturday. There were just contractual negotiations to navigate.

And then nothing happened.

Talks were fruitless, barriers insurmountable. The UFC instead announced Daniel Cormier would put his light heavyweight title on the line against Anthony (Rumble) Johnson in the main event of a fight card that was shallow on names and left fans deep on reservations. There was even a social media push for a boycott.

Two weeks ago Cormier got injured, a new main event was fabricated from thin air and things went from bad to worse to Wednesday — the eerie emptiness inside Massey Hall. All of this in a country and city that five years ago shattered the sport's record when 55,724 fans packed into the Rogers Centre for UFC 129.

> **Unfortunately I think for this event, there will be more viewers for the prelims than the pay-per-view.**
> Olivier Aubin-Mercier

"It's unfortunate that Rumble and Cormier couldn't fight, but I don't know if people were quite excited about that anyway," said Mark Hominick, the retired UFC fighter who served as GSP's supporting act on that historic 2011 card. "Behind the scenes, the UFC were definitely hoping to have Georges. That would have been such a highlight for Canada, to come back in Toronto and headline a home card. That would have been huge."

Instead Pettis and Max Holloway are headlining a card that has left many questioning the relationship between Canada and the UFC. In short, it's complicated.

The new regime hasn't done much to inspire confidence north of the border, laying off almost the entirety of its Canadian office including its well-liked chief, Tom Wright. The country's most high-profile competitor, B.C.'s Rory MacDonald, was allowed to jump ship to rival organization Bellator. Now comes a pay-per-view that many fans consider barely above free-to-air Fight Night standard.

It's all a world removed from the turn of the decade when the UFC held nine Canadian PPVs in the space of three years. There have been just two in the three years since.

But, according to Hominick, Canada hasn't quite been holding up its part of the bargain either.

"Georges leaving was huge and no one has really stepped up to fill that void," he told Metro. "There was so much pride with being Canadian and having Georges represent us. What we need is to get a new crop of stars and get behind them."

It was perhaps best summed up by one of Saturday's home-based fighters. Olivier Aubin-Mercier was asked yesterday about being booked for the preliminary card, which airs on TSN, rather than the usually much higher profile pay-per-view portion.

"I like to be on the prelims because all my friends and family don't have to pay the pay-per-view," said the Quebec Kid. "Unfortunately I think for this event, there will be more viewers for the prelims than the pay-per-view. Even if the main fighters are a really interesting fight ... the pay-per-view is going to get hit."

How different things might have been.

UPSTART CANUCKS

Three Canadians who could step up in the post GSP/Rory MacDonald vacuum:

Misha Cirkunov

Undefeated in three UFC fights to date, the Latvia-born Torontonian is a bona fide prospect at light heavyweight. A victory over Nikita Krylov on Saturday could spur big things.

Chad Laprise

Laprise rebounded from back-to-back defeats with an impressive TKO win in Vancouver in August. Now the London, Ont., striker hopes a move up to welterweight will pay dividends.

Elias Theodorou

The Mississauga, Ont., middleweight talks a great game and, other than a solitary defeat last December, has largely backed it up. The Spartan will likely return to the octagon in Halifax in February.

MLB

Rockies to sign Desmond: Report

All-star free agent outfielder Ian Desmond and the Colorado Rockies have agreed to a $70-million, five-year contract, a person familiar with the negotiations told The Associated Press.

The person spoke on condition of anonymity Wednesday because the agreement had not been announced.

Ian Desmond GETTY IMAGES

A versatile 31-year-old, Desmond hit .285 with 22 homers and 86 RBIs this year in his lone season with Texas, earning his first all-star trip since 2012. He played shortstop from 2011-15, then was shifted to the outfield by the Rangers. Colorado may move him to first base.

THE ASSOCIATED PRESS

IN BRIEF

Caddie dies in hospital after collapse on course

A caddie collapsed and died during the Dubai Ladies Masters on Wednesday, forcing the suspension of the first round and shortening the tournament to 54 holes.

The Ladies European Tour said 56-year-old caddie Maximilian Zechmann fell ill on the 13th fairway of the Majlis Course at the Emirates Golf Club. He was rushed to the hospital, where he was later pronounced dead.

THE ASSOCIATED PRESS

Enforcer Scott retires

Former NHL tough guy John Scott, whose roller-coaster ride to the league's all-star weekend was a major storyline of the 2015-16 season, has announced his retirement.

Scott made headlines last season when he was voted into the NHL all-star tournament. He played for the Arizona Coyotes for part of the season and still served as Pacific Division captain despite being traded to Montreal and demoted to the AHL. THE CANADIAN PRESS

CHAMPIONS LEAGUE

Dortmund bests Madrid in Group F

With a late equalizer by substitute Marco Reus, Borussia Dortmund drew 2-2 with defending champion Real Madrid on Wednesday to win Group F and set a scoring record of 21 goals in the group stage of the Champions League.

Karim Benzema netted in each half to give Madrid a 2-0 lead, but forward Pierre-Emerick Aubameyang pulled the German side closer in the 61st and Reus struck the equalizer in the 88th.

Dortmund finished the group with 14 points, two more than Madrid.

Cristiano Ronaldo was scoreless for the fourth straight time in the Champions League.

THE ASSOCIATED PRESS

CONSOLATION

Madrid matched its 34-game unbeaten streak that had stood since the late 1980s.

Delicate Pumpkin Ricotta Pasta

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Taking fall's super star veg — pumpkin — in a savoury rather than sweet direction yields one of our most luxurious pastas.

Ready in 20 minutes
Prep time: 20 minutes
Serves 4

Ingredients
- 500 g pasta
- 1 Tbsp olive oil
- 2 shallots, diced
- 2 cloves garlic, minced
- 1 Tbsp fresh chopped sage, plus more for garnish
- 1/4 cup ricotta
- 1 cup pumpkin purée
- 1 cup chicken broth
- fresh grated nutmeg to taste
- Salt to taste
- 1/4 cup water
- 1/2 cup Parmesan cheese, plus more for garnish

Directions

1. Cook pasta according to directions. Once al dente, reserve 1/4 cup of the cooking water and draim.

2. While pasta cooks, heat olive oil in a large skillet over medium heat. Add shallots, garlic and sage and cook until tender, 5 to 7 minutes.

3. Add the ricotta, pumpkin purée, chicken broth, nutmeg and a pinch of salt; stir until combined.

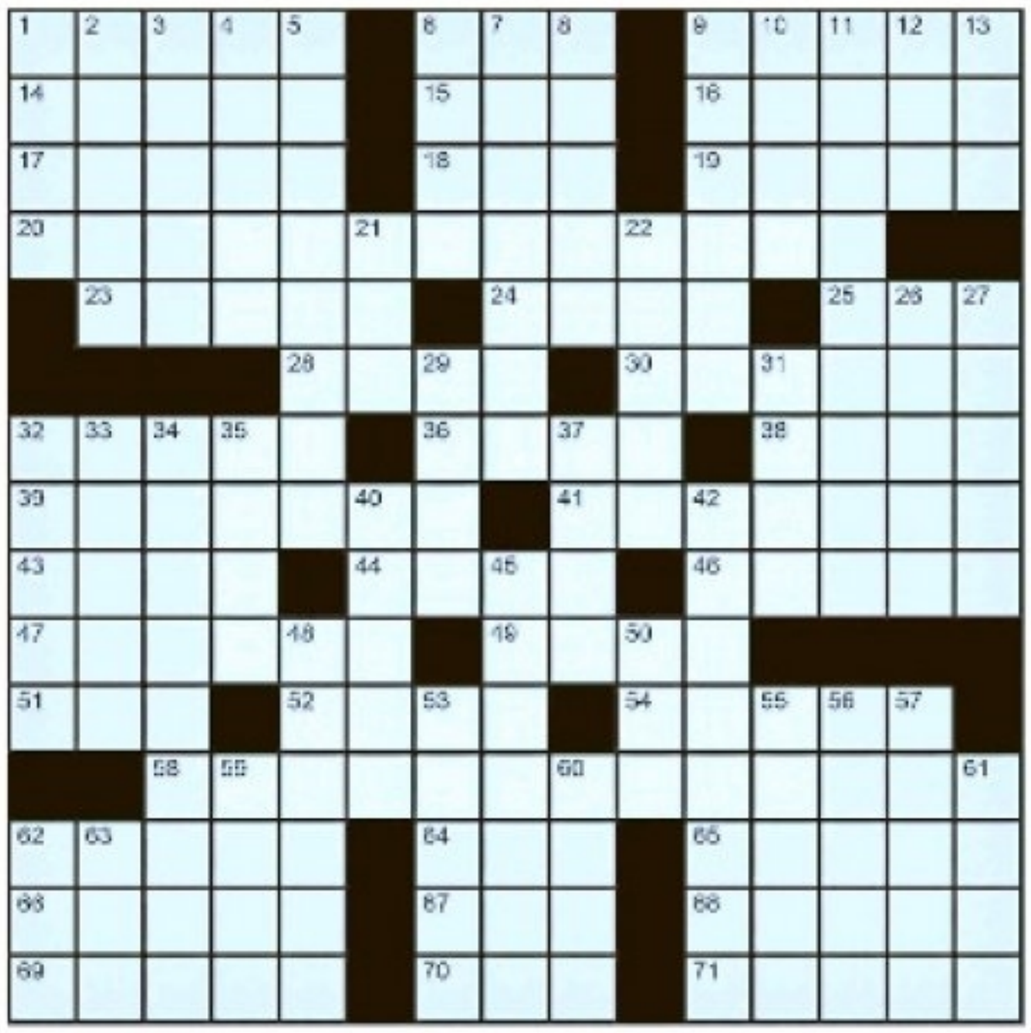
4. Stir in pasta and coat with sauce. Add reserved pasta water to thin sauce to desired consistency. Mix in Parmesan cheese.

5. Serve pasta with sprinkling of Parmesan cheese and chopped sage.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Cramp
6. Ship's stern
9. Got Z's
14. __ couture
15. Quarrel
16. Real estate listings
17. Those in the know, __ circle
18. Rapa __ (Easter Island)
19. "West Side Story" (1961) character
20. Canadian journalist (b.1938 - d.2005) who anchored "ABC World News Tonight": 2 wds.
23. Merle Oberon title role film of 1941
24. Ms. Moore
25. "Gimme a __!" (Wait!)
28. Tea service piece
30. Green-on-copper
32. Theatrically shows approval
36. "Coach" star, Jerry Van __
38. Rime
39. Discounted
41. Pasta consistency with a bit of a bite: 2 wds.
43. Mr. Sharif
44. Meddlesome [var. sp.]
46. Not yet established
47. Red-suited Christmastime workers
49. Eyeliner of ancient Egypt
51. Mr. Barrett of early Pink Floyd
52. Gem type
54. Antelope of Africa
58. Town in Quebec on the Richelieu River: 2 wds.
62. The blahs
64. Matterhorn, for one
65. Bert's pal
66. Cake shop 'levels'
67. Hall & Oates
68. Architectural base
69. "In case you __ noticed..."
70. Currency in Japan
71. Fishhook line

DOWN
1. Transport
2. Comic strip square
3. Like your uncle's wife
4. War horse
5. Most in the mood for Christmas
6. "Rule, Britannia" composer
7. Metal castings factory
8. String
9. Ms. Twain, Canadian music superstar
10. Lengthy
11. Air-affecting discharges
12. Dog or cat
13. US airport screening org.
21. Skull section
22. Urge forward
26. Related maternally
27. Symbol on a computer keyboard's 6 key
29. Taro root
31. And so...
32. Christianity symbol
33. Catriona __ __ Doan (Canadian Olympian/broadcaster)
34. Like a rusty car sitting out in the middle of nowhere
35. Component
37. Boxing match ender, informally
40. Come to pass as a consequence
42. Lack of shine
45. Sunny yellow - Cloud white ...and what other 'up there' hue?: 2 wds.
48. Painter or sculptor
50. "And I Love __" by The Beatles
53. Gisele's football hubby Tom
55. Item worn in the kitchen
56. Jack of "Twin Peaks"
57. Feared tool at the dentist's office
59. The Byrds' repetitive song title word!
60. Stratford-__-Avon
61. Boat's stability provider
62. Ordinal suffix
63. Ms. Long

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Today the Moon is in your sign, magnifying your emotions. Keep this in mind if you start to overreact to something going on around you or to something someone says.

Taurus April 21 - May 21
Work alone or behind the scenes, because this will suit you best today. You are ambitious right now. However, you should wait to get all the facts before you take action.

Gemini May 22 - June 21
A personal discussion with a female acquaintance will be meaningful for you today. In fact, this person might influence you to change your future goals.

Cancer June 22 - July 23
Personal details about your private life seem to be public knowledge today, especially in the eyes of bosses and VIPs. Do you need to do some damage control?

Leo July 24 - Aug. 23
Do something to expand your world and give yourself a sense of adventure. Go someplace you've never been before. Shake things up a little!

Virgo Aug. 24 - Sept. 23
Today is a good day to focus on financial matters related to inheritances, shared property, taxes and debt. Clear up loose details if you can.

Libra Sept. 24 - Oct. 23
Because the Moon is opposite your sign today, you have to be cooperative with others. Be tolerant. Be compromising. At the very least, listen to what others have to say.

Scorpio Oct. 24 - Nov. 22
Do something to make yourself feel better organized and more on top of your game. Tidy your work area. Make some proactive lists. You want to get back in the game!.

Sagittarius Nov. 23 - Dec. 21
This is a playful, lighthearted day. Enjoy romantic liaisons with others. Fun activities with children will delight. The arts, sports events and social occasions are great choices.

Capricorn Dec. 22 - Jan. 20
Home, family and your private life are your top priorities today. A conversation with a female relative will be important.

Aquarius Jan. 21 - Feb. 19
Trust your hunches today. Instead of thinking things through, you might have a feeling about what you should do. Sometimes, this works better.

Pisces
Feb. 20 - March 20
Finances are on your mind today, and that's a good thing. It's important to know what you own and what you owe, because information is power. Get the facts so that you are in the know.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

			4	1				
			3		9	6		
		5					1	
	7		9					1
5					4			7
4		1	2	7				6
8	6		5				4	
		9				5		
		2	8	4	6	1	9	

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YESTERDAY'S ANSWERS

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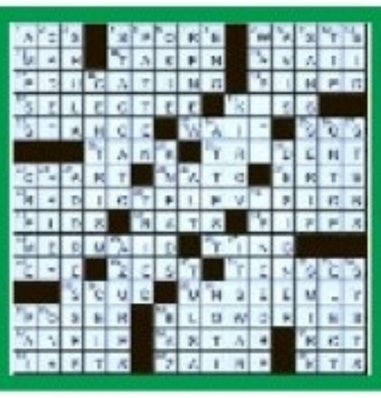

8	4	7	9	3	2	1	5	6
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3	6	5	7	8	1	2	4	9
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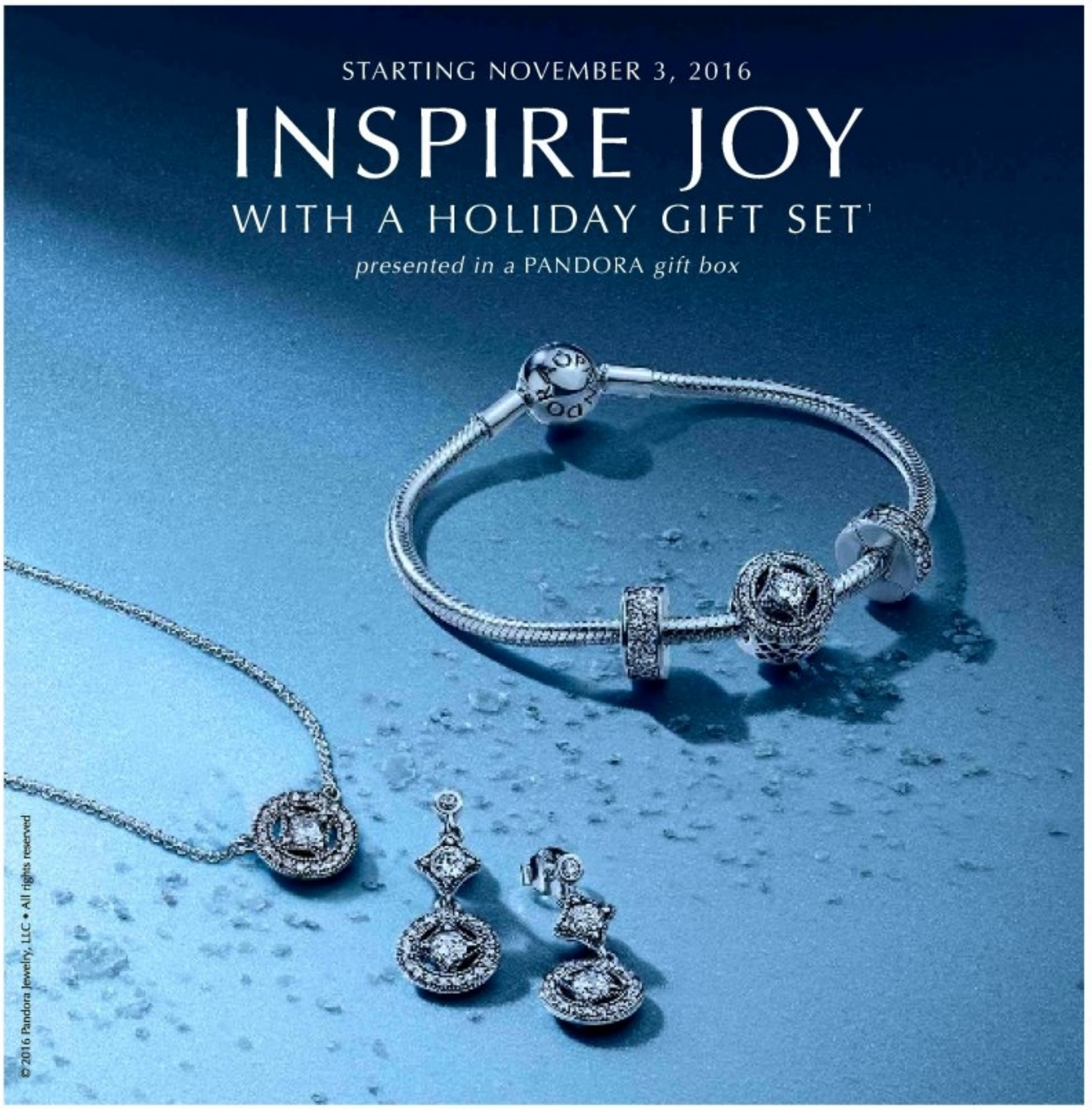
9	7	3	4	1	8	5	6	2
2	8	1	5	6	3	4	9	7
7	3	8	1	5	6	9	2	4
5	2	4	3	7	9	6	1	8
6	1	9	8	2	4	3	7	5

PANDORA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